



YAMA
DAY

5° INTERNATIONAL SEMINAR
10-11-12th May '19 Milan ITALY

Sensei Silvio Campari, VI dan

Friday 10

Dojo: Yama Karate Club
Via G. Pezzi 4 Milano
h. 19.30-21.00: **Seminar**

Saturday 11

PalaSport: Via Stella Polare,
Bettolino di Mediglia (MI)
h. 11.30-13.30: **Seminar**
h. 14.30-16.30: **Seminar**
h. 20.00: Yama Party 🎉

Sunday 12

PalaSport: Via Stella Polare,
Bettolino di Mediglia (MI)
h. 10.00-12.30: **Seminar**
h. 12.30: Photo & Sayonara



Sensei Silvio Campari

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/yamakarateclub

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silviocampari0129_23

Shotokan Karate International Seminar

KATA / KATA BUNKAI

KUMITE / KUMITE STRATEGY

only for 2° Kyu, 1° Kyu and DAN Grades

Friday 10 May

Dojo ASD YAMA Karate Club - Via Giulietta Pezzi, 4 - 20135 Milano

h. 18.30-19.00: Registration*

h. 19.30-21.00: Seminar (limited number)

from h. 21.30: Pizzeria (limited number, cost 12,00€ ~)

Saturday 11 May

Palazzetto dello Sport - Via Stella Polare - 20060 Bettolino di Mediglia (Mi)

h. 11.00-11.30: Registration*

h. 11.30-13.30: Seminar

Break

h. 14.30-16.30: Seminar

from h. 20.00: **YAMA Party**_ DINNER, MUSIC and FUN
esclusive for YamaDay Partecipants and their families!
(limited number)



Sunday 12 May

Palazzetto dello Sport - Via Stella Polare - 20060 Bettolino di Mediglia (Mi)

h. 09.30-10.00: Registration*

h. 10.00-12.30: Seminar

h. 12.30: Photo and Sayonara to YamaDay 2020

Costs: 4 Training Sessions: eur 35.-/person

3 Training Sessions: eur 25.-/person

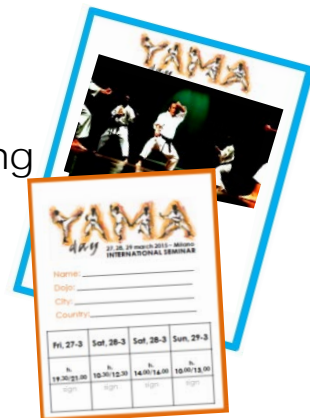
Single Training Session: eur 15.-/person

Special Group Price: + 15 people



→ SEMINAR

During the Registration*, each participant will receive his personal YamaDay card. This pass is essential for accessing the gyms and to attend sessions of the Seminar: take it with you and present it to the YamaDay Staff, that will welcome you at the Dojo and at the PalaSport.



YAMA Party

Saturday 11th, from 8.00 P.M., exclusive Party: dinner, music and fun!!! (limited places)

→ Official TSHIRT YamaDay 2019

If you want to reserve your official t-shirt, please remember to add your size in the registration form.

→ Accommodation

APARTMENTS in MILAN (city center)

Charles Smith: charles.smith@doitsrl.it

HOTEL Palladio**** Via Palladio, n. 8 – 20135 Milano (MI)

www.hotelpalladio.net info@hotelpalladio.net Tel. +39.02.58306900

CASCINA CROCEFISSO B&B: Via Cerca, n. 1 - Mediglia (MI)

www.cascinacrocefisso.com info@cascinacrocefisso.it

CORTEGRANDE B&B: Via Umberto I, n. 2/4 - Tribiano (MI)

www.cortegrande.com info@cortegrande.com

HOTEL Milanese *: Via Melegnano, n. 2 (x navigatore via Brescia 2) 20070 Dresano (MI)

www.hotelmilanesi.com info@hotelmilanesi.com Tel. 029818102

YAMA DOJO: Via G. Pezzi, n. 4 – 20135 Milano (MI)

info@yamakarateclub.it (limited places)

→ Catering service

Bar service/mini restaurant: Saturday 11th and Sunday 12th of May 2019 at PalaSport, Via Stella Polare - 20060 Bettolino di Mediglia (MI)

INFO & REGISTRATIONS: yamaday@yamakarateclub.it

- SEMINAR, PARTY and T-SHIRT: "Registration form"

- ACCOMMODATION: directly to the suggested hotels

